



EQUALITY
FRAMEWORK
FOR LOCAL
GOVERNMENT
EXCELLENT



INVESTORS
IN PEOPLE



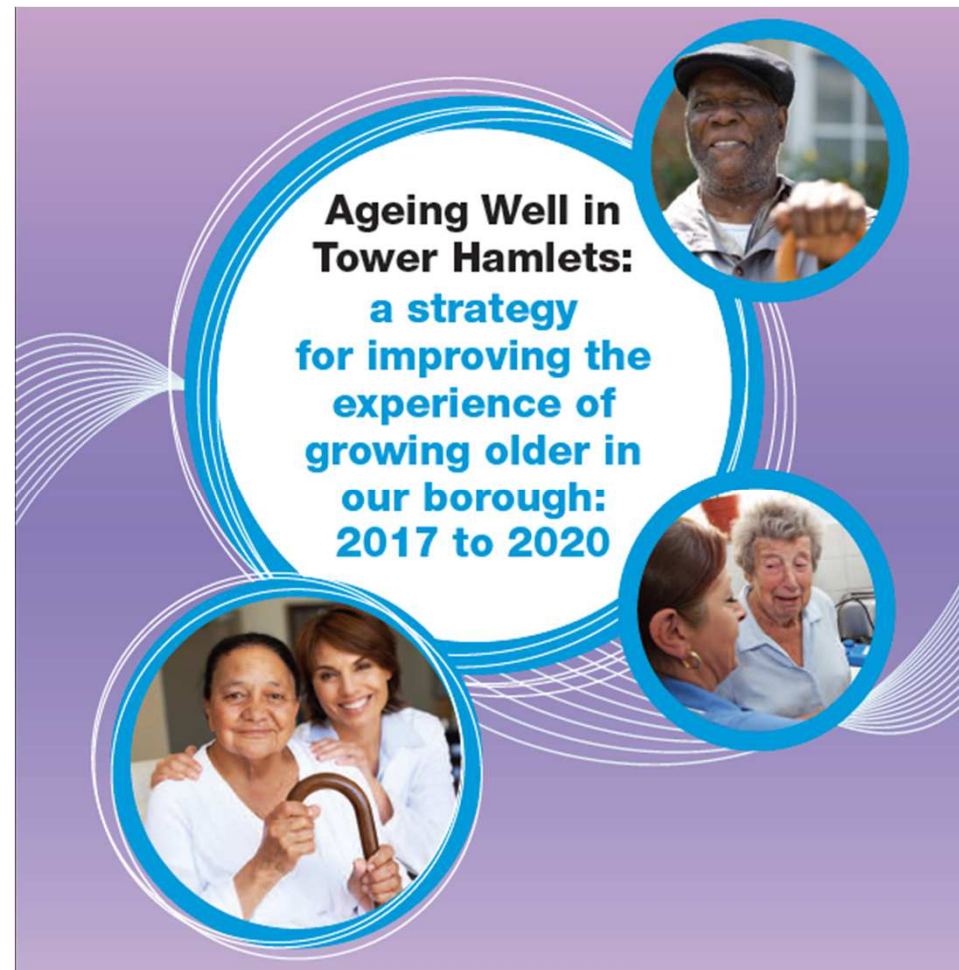
Ageing Well in Tower Hamlets - Strategy

Presentation to Health Scrutiny

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Commissioning
October 5th 2017

The Strategy - Background

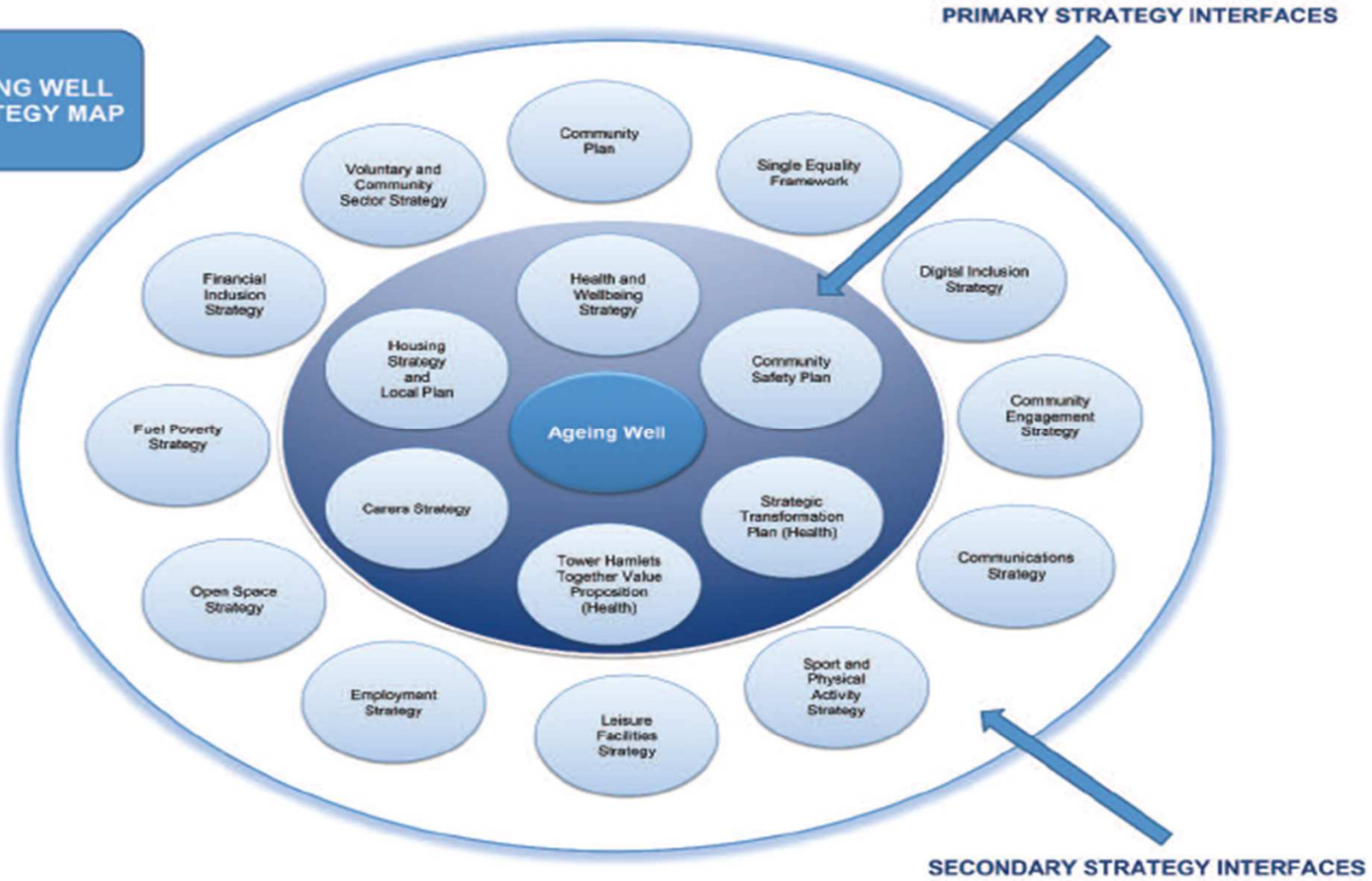
This is the borough's first Ageing Well Strategy, which sets out our priorities for improving the experience of people aged 50+ and growing older in Tower Hamlets. Co-produced with the Tower Hamlets Older People's Reference Group, who have committed to remaining in the driving seat as the work to deliver the strategy progresses.



What is it aiming to do?

The role of the Ageing Well strategy is primarily about ensuring that the relevant strategies and plans developed by the Council, by the NHS and by other key stakeholders incorporate priorities and actions that reflect the aspirations and needs of the older population in a way that is consistent with and aids delivery of this strategy.

AGEING WELL
STRATEGY MAP



Challenges

- Tower Hamlets has a relatively small proportion of residents aged over 65 accounting for just 5.9% of the overall population, compared to 17.4% in the overall UK population;
- In 2015, there were an estimated 16,700 people aged 65 or over living in Tower Hamlets. It is expected that the number of older people will increase to 26,700 by 2030;
- In Tower Hamlets, people typically start to develop poorer health around ten years earlier than London and England. On average, a man living in the borough starts to develop health problems from the age of 54 compared to 64 in the rest of the country. For a woman, it is 56 compared to 64;
- Half of older people in the borough live in income deprived households;
- Persons aged over 65 living in Tower Hamlets are predicted to be among the loneliest in both London and England.

What people have told us

- Being able to access health (including GPs) and social care services when we need them and without having to wait;
- Feeling safe in our own homes and while out and about;
- Knowing what is going on in our local area and being able to access those activities in settings that are welcoming and safe;
- Having the right housing options as needs change is a crucially important part of staying independent;
- Information needs to be accessible and that for many older people the internet isn't currently the best way of achieving this;
- Welcome the opportunity to provide more support to older neighbours and other vulnerable older people living locally to us, but need training and information to be able to do this effectively;
- Having locally based services that are easier to access is preferable to having to travel to other parts of the borough;
- Being able to be open about who we are, about sexual orientation and other characteristics is crucially important to reducing loneliness and isolation and improving the experience of accessing services.

10 Co-Produced Themes

Ten key themes identified through co-production work with older people and from the various national and local evidence sources:

- Ensuring people with longer term health and social care needs experience care and support that is personalised to their individual circumstances, strengths and needs and that optimises their independence.
- Keeping people informed in accessible ways.
- Ensuring the right housing and accommodation is available to people as they age.
- Optimising independence and wellbeing: employment, welfare benefit take-up and reducing poverty.
- Optimising independence and wellbeing: Supporting people, as they age, to continue making a positive contribution in our communities.
- Optimising independence and wellbeing: staying healthy and active.
- Living well with dementia.
- Optimising independence and wellbeing: Reducing isolation and loneliness.
- Optimising independence and wellbeing: Getting the help and support I need as close to home as possible.
- Optimising independence and wellbeing: Last years of life.

Delivery and Monitoring

- Existing partnership structures and mechanisms will be used to progress delivery of the various actions set out in this strategy
- Oversight of strategy delivery sits with the Complex Adults Working Group* reporting line to the Health and Wellbeing Board, which has overall responsibility for the strategy.
- Progress on delivering the strategy will be reported to the Health and Wellbeing Board every six months
- We will, however, also set up a broader ‘Ageing Well reference group’ bringing together a wide range of local groups and organisations
- Work with the Older People’s Reference Group to agree how it is represented in the Ageing Well reference group
- The Older People’s Reference Group will also be asked to lead the delivery of specific initiatives or projects
- Co-produce delivery plans for each of the 10 themes specifically focused on the priorities set out within the strategy

The next 6 months

- The ten action plans will set out the following for each of the priorities for the future:
 - What we will do;
 - When we will do it by;
 - Who will be responsible for doing it;
 - How we will know what we have done has worked.

Thank you

Any questions?